

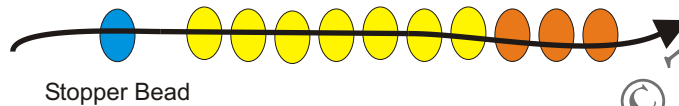
Basic Chevron Stitch

This stitch yields nice results when being used for bracelets and necklaces using Celtic patterns.

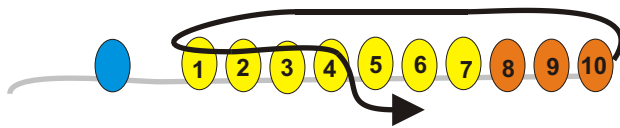
You need: Seed beads in 2 contrasting colours
Thread to match your beads
Beading needle
Beeswax or "Thread Heaven"

You do:

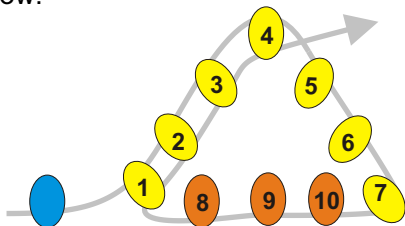
1. Thread a needle with waxed thread and create a stopper bead, leaving a 20 cm tail. Pick up 7 light and 3 dark beads.



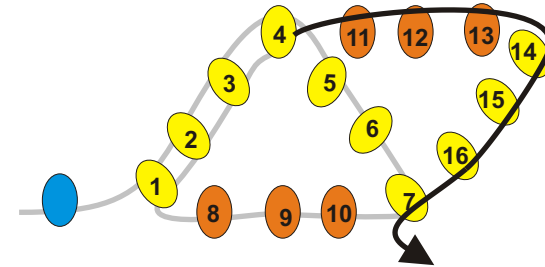
2. Stitch again through the first four beads, using the diagram below as a guide.



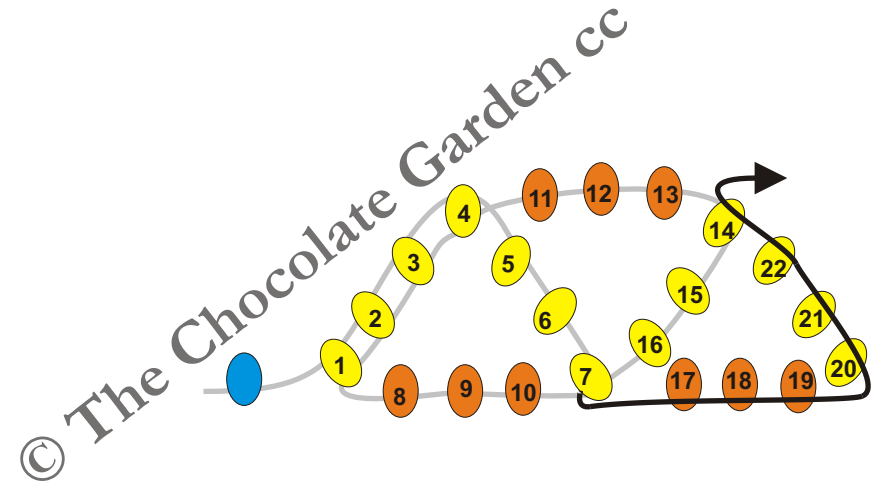
3. Pull tight to form a triangle. Turn your work to match the diagram below.



4. Pick up 3 dark and 3 light coloured beads and stitch downwards through bead 7. Pull tight.



5. Pick up 3 dark and 3 light coloured beads and stitch upwards through bead 14. Continue in this manner until you reach the desired length keeping the thread tension tight.

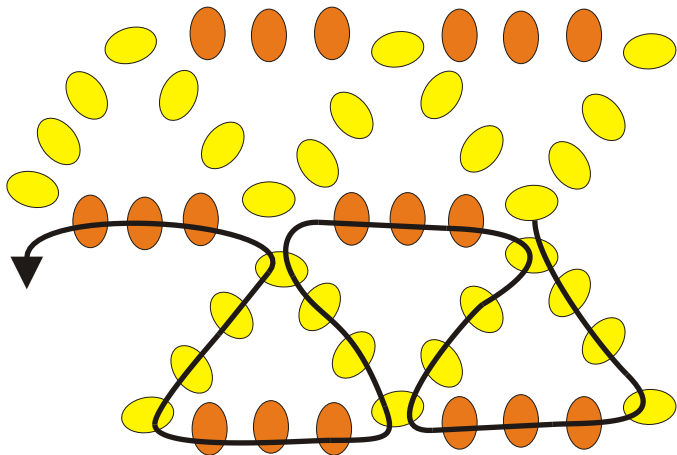


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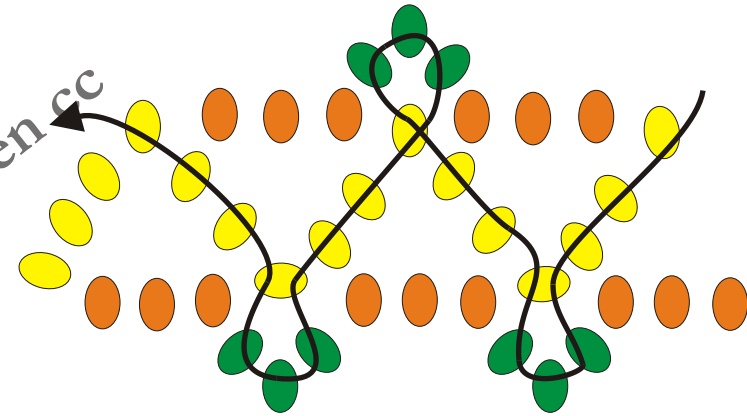
Row 2:

1. Before adding the second row, make sure your thread exits the base of the last triangle in Row 1.
2. Pick up 4 light, 3 dark and 3 light coloured beads and stitch through the first bead you just picked up. Stitch back through the three beads in the base of Row 1.
3. Pick up 3 light coloured beads and stitch through the 8th bead of the 10 beads you just added.
4. Pick up 3 dark and 3 light coloured beads and stitch through the first bead of the last set of three beads you just picked up. Stitch again through the next 3 dark beads in the base of Row 1.
5. Pick up 3 dark and 3 light coloured beads and stitch through the first bead of the last set of 3 beads you just picked up. Now stitch through the next 3 dark beads of the base in Row 1.
6. Continue in this manner until you reach the end of the row.



Adding Picots:

When adding Picots, use the thread path shown in the diagram below.



Variation:

For variation add larger beads or crystals when creating your beaded item (as in the sample below).

